## Presents the

ORTON 10
"The race of truth"


Thursday $5^{\text {th }}$ May 2022 at 19:00
HQ - Inchberry Hall, Fochabers, IV32 7QB.
Elgin CC welcome you to our Orton 10 course. An out and back course with a roundabout turn. Please see below for all information.
Any questions please email Organiser Diane Maciver or Assistant Lorna Breetzke.


Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

## Course Details:

Start on the B9015 approx. 1.15 miles South of the event HQ Inchberry Hall. Head North through Crofts of Dipple to the roundabout at mile 5 , which crosses the A96 and return on the same road to the finishing point which is very near to the starting point.

## Location of HQ:

The hall is 3.3 miles from the Baxters roundabout, on the B9015 towards Rothes. There is ample parking. NO PARKING AT START LINE EXCEPT TIMEKEEPERS and MARSHALS.


## Timetable of events:

18:00 Sign-on opens at HQ
19:01 First rider set off
20:00 Race finish (approx.)
Prize Giving shortly afterwards
Teas served in hall - there will be a donation pot

| Race Organiser: | Diane Maciver (07875564133) diane.maciver@btinternet.com / Assistant Lorna Breetzke |
| :--- | :--- |
| lornabreetzke@gmail.com |  |

Timekeepers: AI Sutton, Shirley Feaks, Sam Inch, Lesley Sinclair
Start Support: Neil Richardson
Sign On: Elizabeth Duncan / Lisa Owen
First Aider: Diane Maciver / Fee Howie

## Sign On:

You are welcome to sign on from 18:00 inside the hall where there will be access to toilets. You will be given a number to be placed on your lower back and provided with safety pins. The number should be clear and not folded. Failure to return the number and sign out after the ride will result in a DNF.

## Warming Up/Getting to the start:

Turn right out of the car park and the start line is 1.6 miles heading South towards Rothes. Please give yourself plenty time to get there. Please try not to warm up on the course once the first rider is off however we do appreciate that you will need to ride on the course to get to the start line. If you are passing through the finish line in your warm up please let the timekeepers know.

The Timekeeper will call your name or number with 1 minute to go. We will have a "hudder upper" but if you are not confident with being held just let him know.

## Marshals:

It is the rider's responsibility to know the course. Marshals cannot stop traffic at the roundabout or interfere with the traffic flow. If there are oncoming vehicles from the right you must adhere to the rules of the road and give way to the traffic. Please respect the marshals and Please stay safe!

## Under 18's:

Those under 18 on the day of the event will require a hard copy parental consent form. Numbers will not be issued to under-18s unless the form is presented - no number = no ride, unfortunately.

This event is run under CTT Rules and Regulations which can be found in full here:
Cycling Time Trials: Regulations

## FRONT AND REAR LIGHT REQUIRED. NO LIGHT, NO RIDE.

## Prizes (one prize per rider)

Overall M/F:
$1^{\text {st }}, 2^{\text {nd }}, 3^{\text {rd }}$
Handicap M/F
Veteran on Std
$1^{\text {st }}$ Junior
$1^{\text {st }}$ Juvenile

First Road Bike M/F

## Roadbike Prize Rules:

No TT/tri bars
No aero helmet
No trispoke/disc wheels.
Basically, what you would use/wear in a road race is fine.
Please keep your hands on the bars. If your elbows are resting on them, you will be DQ'd.

THANK YOU to all our fantastic volunteers, without you we could not put on this event!
Also, to the riders who are coming along, thank you for supporting our event. We look forward to seeing you give it your all!!

